

Sakina Foster in Texas Bar Journal: Culture Shift

By Sakina Rasheed Foster | July 5, 2018

Partner [Sakina Foster](#) was recently quoted in the *Texas Bar Journal* detailing first meeting of the Roundtable on Well-Being in the Legal Profession - a group formed to discuss ideas for systematic change in the legal profession in Texas. Those assembled—Texas Supreme Court justices; judges; law school deans; executive directors of the State Bar of Texas, Texas Board of Law Examiners, the State Commission on Judicial Conduct, and the Texas Center for Legal Ethics; members of the Texas Access to Justice Commission; and presidents of the State Bar, the Texas Young Lawyers Association, and Texas Lawyers Concerned for Lawyer - brainstorm ways to integrate well-being into the profession...

Sakina Foster, chair of the Texas Lawyers' Assistance Program Committee, told the Texas Bar Journal that of the core steps of the well-being report, educational outreach and programming is already a big part of TLAP's mission. "TLAP reaches tens of thousands of lawyers, law students, and judges in Texas every year with this critical outreach," she said. "I have witnessed firsthand the impact TLAP makes when they present at a law firm—they truly partner with firms to educate and empower their attorneys on these important issues."

Excerpted from the Texas Bar Journal. To read the full article, click [here](#).