Maren Strandevold Talks to Norwegian-British Chamber of Commerce About Working Remotely During COVID-19

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The Norwegian-British Chamber of Commerce interviewed Haynes Boone Associate Maren Strandevold about how everyday work-life has changed due to COVID-19 and how to maintain good routines when working from home.

Here is an excerpt:

How are you coping?

Strandevold: I'm a lawyer at Haynes Boone, and as a lawyer I can do my work from pretty much anywhere. I'm currently working from home in my spare bedroom. … I have quite a good setup.

We have good technology. We have over 1,000 people working remotely and logging into our systems every day. Our IT systems are extremely strong, and so as a firm we're doing well.

We're having an awful lot of Webex meetings. I chat with my colleagues in the U.S. probably more now than I did before the lockdown.

Do you have any special tips that work well for you?

I think routine is extremely important. I still get up early every morning and exercise. I always have a shower and try to dress as if I'm going into the office because I think it helps with the mindset. I take coffee breaks and lunch breaks, but I try to distinguish my work time from my free time.

To watch the full clip, click here.

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