Haynes Boone Signs Mindful Business Charter, Joining Global Well-Being Movement

By Ricardo Garcia-Moreno | January 6, 2025

Haynes Boone has joined the Mindful Business Charter, a collective of companies committed to removing unnecessary sources of stress and promoting better mental health and wellbeing in the workplace. The group understands long hours and stress cannot be completely avoided and that some scenarios present no other option. However, the Charter strives to make those stressful moments the exception rather than the rule.

As part of the Charter, Haynes Boone will be a part of "a growing movement of like-minded businesses who are collaborating, supporting and sharing their learning to effect positive change." Joining this community also provides the firm with access to the collective wisdom of leading businesses and professionals in creating healthier working practices.

Haynes Boone, as a signatory of the Charter, commits to:

- Promoting a culture where people can speak up early about any concerns they have with their wellbeing (or the wellbeing of colleagues).
- Openness and respect – building trust and effective communication
- Smart meetings and communications
- Respecting rest periods
- Mindful delegation

"Joining the Mindful Business Charter reflects our commitment to reducing unnecessary stressors in the legal profession and enhancing wellbeing across our global team," said Director of Wellbeing Abby Read. "We are excited to partner with a forward-thinking community dedicated to creating meaningful, sustainable change in the workplace."

This charter is a continuation of the work Haynes Boone has done throughout the past year for employee wellness. The firm was recognized in the 2025 Vault rankings for quality of life and job satisfaction. Read and Wellness Committee Member Ricardo Garcia-Moreno were featured in *Texas Lawbook* and *Law360* discussing the healthy legal environment the firm's wellness initiative is creating. Haynes Boone also earned a Gold-level Bell Seal for Workplace Mental Health from Mental Health America and was acknowledged for its commitments to employee health and wellbeing by the American Heart Association and the Wellness Council of America.

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